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| **Checklist for a foreign patient before arriving to get medical help in Russian Federation** |  |  |
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| **Transportation and treatment**  |  | **Prices and treatment** |  |  |
|         Check the visa validity |  |         Check if the estimated cost of medical services is recorded in correspondence with your manager-coordinator.  |  |  |
|         Check the travel insurance |  |         Check if there are any information about possible increase of the cost  |  |  |
|         Check the tickets |  |         Check if there are any information about the need of transfer deposit to the medical organization  |  |  |
|         Check if the treatment period does not fall on national holidays |  |         Check if there are any information on whether VAT is included in the announced cost of treatment  |  |  |
|         Check if items you are going to put in your baggage and hand luggage are not prohibited by your aircompany |  |         Check if there are any information about the types of payments accepted by the medical organization |  |  |
|         Check the baggage allowance information |  |         Check if you have the correct information about current rate of the currency |  |  |
|         Look through the information about the procedure of filling in the migration card |  |         Check if you announced your card holder Bank about the possible large transactions abroad  |  |  |
|         Look through the information about the procedure of filling in the customs declaration |  |         Check if you get the price list for non-medical services  |  |  |
|         Check if you got the permission for the plane flight from your attending physician |  |  |  |  |
|         Check if you have an extract from your medical card with information about the diagnosis and the drugs, you will need during the flight |  | **Medical services** |  |  |
|         Check if the hotel is reserved close enough to the medical institution |  |         Check if the date and time of the initial appointment are confirmed |  |  |
|         Check if you booked your transfer from the airport |  |         Check if the manager-coordinator speaks comfort for you language |  |  |
|         Check if you booked the wheelchair at the airport of departure and arrival (if you need it) |  |         Check if you have the address of the medical institution in Russian and English |  |  |
|         Check if you will be met at the airport |  |         Check if your representative have the accommodation during your hospitalization |  |  |
|         Look through the list of medicines prohibited for import into the Russian Federation |  |         Check if you fully understand all the package offers |  |  |
|         Check if you get an invitation letter from the medical institution |  |         Check if you have the information about your attending physician |  |  |
|         Check if you have adapters for European outlets |  |         Check if you have the information about the list of mandatory tests and examinations for hospitalization |  |  |
|         Check if you have all copies of your personal and medical documents in digital versions |  |         Check if you get the full information about the malpractice insurance |  |  |
|         Check if your mobile operator work on the territory of the Russian Federation |  |         Check if your medical institution have an agreement with the medical institutions at the place of you residence for rehabilitation and post-treatment support |  |  |
|         Check if have enough medicines you are taking  |  |  |  |  |
|         Check if all the necessary vaccination has made to visit Russia |  |  |  |  |
|         Check if your mobile operator work on the territory of Russian Federation |  |  |  |  |
|         Check if you have enough clothes good for current weather |  |  |  |  |
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| **In case of emergency** |  |  |  |  |
|         Check the information about the working hours of the international department  |  |  |  |  |
|         Check if you have contacts of your manager- coordinator of the medical institution |  |  |  |  |
|         Check if you have the contacts of the head of your manager- coordinator |  |  |  |  |
|         Check if you have the contacts of your manager- coordinator in whatsapp\viber\telegram |  |  |  |  |